

Conception:

Richard . 22.7.88.

5m before release.

Pushing in on self, + that pushes me forward. Transcendent  
compaction.

1m → Listening. Not wanting eng. Something about to  
happen.

1m → Stronger awareness of something happening.  
Sensing direction.

1m → Movement. More + more energised.

1m → Trying to move forward, get stuck. Stuck  
from solar plexus.

→ Break thro' to release.

(The eng. level is lower. Not so involved. Didn't have  
same amount of eng.)

← 'Stuck' point. Great eng. output.

← I don't want to move / get me moving. Two  
aspects of same voice. Recognise voice from somewhere.

F's record at same point.

Tension in lumbar region. Holding on + trying to move.  
Conflict/pain. Confused. Doubtful. Not letting this go.  
Not sure we are doing right thing. Brain sends out  
signal, but blood sends another. Brain says don't  
do it. No profit. Conserve energies. Don't be fooled.  
Blood says create, enlarge, populate, live; move.  
You listen to one or other. I'm gone blank.

← 1m. Can't feel a thing.

It's to do w. the woman pulling it in. She's sucking it in.  
Conspiracy. Helpless in relation to woman.

Get away from me! Get away from me! Ahh!  
Get away from me! Ughh!

Not sure who it is but I recognise the state of pushing  
away with the elbows.

M's record.

Not wanting to be exposed. I want to feel life inside me.  
Makes me feel valued, contributing. I'm more powerful  
than F. in this situation. Controlling him. He's out  
of control.

I want his total attention. I will give him a mirror of his own intent - I'll grow him one. I can overcome his inhibition.

F's record:

Get away from me! Get away, get away, get away. I'm not getting my own way. I'm pushing the woman and everyone else out of the way.

Get away etc. (Flips into nervousness unsureness).

(Source of nervous unsureness in F.) I'm going to be hit. V. vulnerable. I've been masturbating. F. will hit me. Frightened of him.

To do w. sexual activity, why should one be good & another bad. I want nobody around me so I won't be found out. So everybody has to get out of my way.

Sperm record:

To 'out' point. Feeling way to go. This way. A connection. Getting messages. No inhibition - just me + my beloved. Swimming, following, adjusting direction. V. compact. Will to get on. This is it - no time for commentaries. Tone of convergence - Big. Its big. Try to attach to it. Its above me. Frenzy of excitement. I'm attached. Its now moving me round w. it. I'm telling it I've arrived - claiming my own. Banging. I have to be recognised by my beloved. Frenzy to be recognised. I've got to be recognised. Total energy expression to give my signature. Internally I have to explode everything in me from one gathered point. No running back from that. Then a field quietness. Awareness of being inside. But there was a flash before it.

Totally different universe. State of awareness. No competitors. Image of dark sphere in a golden light. Dark because guarded. A light made of innumerable points of awareness. No energy pushing me around. I'm sentence. Aware of everything going on inside. I'm the cause of change. A watery state. A watery confined world - A grand for my energy. Speculation. V. pleasurable but not much going on.

You could stay for ages + do nothing.

→ Huge effort to make slightest emotions in this dream state. Beginning to tense + to create. That makes me feel better, can't feel individual unless I converge. Unawareness between actions of shoulders + chest. If I move, I break the unity of what is. Hidden feeling of wanting to break out. It's prison, stuck. Want to break out. Padded, subtle prison.

→ Difficult to distinguish who I am here. Not an 'I' but a 'we'. Confused. Everything whispers, suggesting. Stay with us, stay with us. Develop us. Full of voices whispering. ~~But~~ surrounded by them. How do I satisfy them. They are all demanding total devotion.

They start dividing. Order, cut each bit off, patterning. Structuring + relating in order. Turn the whispers into a song. Whispers are useful. I listen to them to find out their place in the structure.

(Get in body) Better. More reality. Pulling eng. inward to build a body of experience. Yet it's already there. I'm pulling myself into it. Close identification w. it creates it in me. Abs. in time with this development feeling. I am non-separated. Heaven on earth. Vibrating this body. Heaven's intent is 'the best', creating another sense vehicle.

(Comment on past experience of getting out) It's observed.

### Ovum record.

Broadcasting beacon. Drawing towards me. Calling. Can feel the answer, getting stronger. I can even feel the distance. Can feel where it is heading in relation to my surface. I need the best, most vigorous + beautiful eng. I can find.

→ Sperm arrival. More than one touching. Which one is most suitable? Most energy, how well structured etc. How well it fits with me.

Rolling, floating, spinning movement. Feeling which eng. form is suitable. I feel them on me. I let one vigorous one enter. He is penetrating me. I feel the disturbance it's causing. Concentration is on this one now. He's about to enter me. Feel it coming in. v. small. Feel it keenly. Healing myself at every point. Feel impediment inside me. Small but definite.

It's getting bigger. (v. difficult to talk.) Irritation. Pain. Digesting bits. Dividing what was whole. Imposed upon by this being. Whole is now many separations. I suffer it.

I like it/don't like it. I don't like the one made many. But I like getting bigger + more mobile. I've been taken over.

Stream. I've taken over control. Moving + growing it. Staying in tune. The sonic vibration which alters the being. I don't issue orders. I stay in co-operation with the tune which is doing the patterning.

Being 'staying in tune' right up to present.